

# *Senior Sexuality* IN ASSISTED LIVING

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## Workshop Attendees Engage in Thoughtful Exploration

Earlier this month, at two northern and two southern California locations, CALA members participated in a thought-provoking exploration of a very real, yet somewhat delicate issue at workshops entitled *Senior Sexuality in Assisted Living*. Instructor Lorie Eber provided attendees a greater understanding of the meaning and role of sexuality in older adults, along with tools to guide staff response and strategies for dealing with family reactions. Participants also took an in depth look at the complications presented by dementia and the benefits and challenges of developing policies on these issues. Four CEUs were offered. Here's what attendees had to say:

*"Exceeded my expectations."*

*"This course did make me think about how to prepare care managers and how to talk with families when these situations arise."*

*"This was outstanding and very informative. I thoroughly enjoyed the stories shared."*

*"Very educational."*



**A special thank you to the following CALA member communities for graciously hosting the workshops:**

Belmont Village, Westwood  
Oakdale Heights, La Mesa

The Meadows Senior Living, Elk Grove  
The Kensington, Walnut Creek